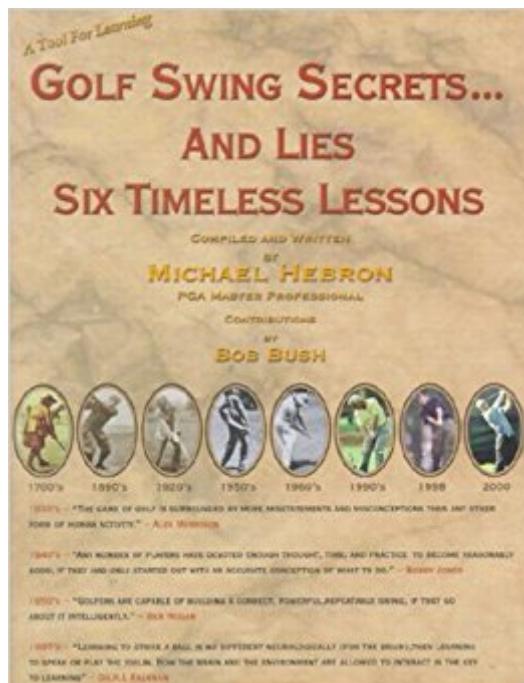


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# Golf Swing Secrets... And Lies: Six Timeless Lessons



## **Synopsis**

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## **Book Information**

Hardcover: 344 pages

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Average Customer Review: 4.1 out of 5 stars 19 customer reviews

Best Sellers Rank: #906,586 in Books (See Top 100 in Books) #51 in Books > Sports & Outdoors > Coaching > Golf #1087 in Books > Sports & Outdoors > Golf #7667 in Books > Sports & Outdoors > Individual Sports

## **Customer Reviews**

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This is a very long book. It is often repetitive. But other than that it provides a wealth of information and a unique approach to learning the golf swing. However, it does not present a specific swing model. Rather than that it points out the ideas and moves that are consistent in any effective golf swing. The basic ideas presented are important and not often seen in other material. The pictures are excellent and presented in large number. The summary of material from The Golfing Machine, for example, is clear and very helpful. I do not think I could say the same thing about The Golfing Machine itself. The book is wordy but it is worth your time to take it a little at a time -- all the way to the "extra" material at the end of the book.

I am a 14 hcp. I bought this book because I was pretty lost in my golf swing. I was slicing, and had changed my swing four times over the past two years to try to get a powerful draw. Some things I read and saw worked for a bit, others didn't. Nothing lasted for long. I knew of Mike Hebron for years and always meant to take a lesson from him. (I haven't taken many golf pro lessons, but I really needed help.) So I got the book before I signed up to take a lesson from Mike, and seemed to find some interesting cues that might perhaps help me improve my swing. Turns out, in a few minutes

Mike changed the focus of the lesson from learning to DO things during the swing, to simply letting my swing flow. naturally. Sound odd? It was at first, but using nice smooth tempo revealed nice draws, nice shots. and pleasant conversations about golf and learning. I am going back again next week. Maybe after years of frustration with (mis)hitting the ball I might be able to get on a better track, to play better golf. I am hopeful, we will see!

This is my personal favorite from Michael. I have read many of his other books, but this is the one that sits on my coffee table. I enjoy picking it up, treating as a reference book, and just rereading sections. As a golf professional, I have been exposed to numerous books and seminars, I don't think anyone does it better than Michael.

Excellent book with timeless instruction on achieving a repeatable golf swing.

If you like looking at page after page of really old bad photos of golf swings then buy this book. Very repetitive text. Not many good golf instructors are also good writers. That's why you see another authors name next to theirs on the book. Hebron probably gives good golf lessons but he did not get any help from his co-author.

Awesome

Great reading for all golfers.

good, fast

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